



LYMINGTON CRICKET CLUB



Club Policy on Changing Rooms/Showering

All ECB affiliated cricket clubs must have a Changing Policy. This will depend upon facilities available, access to those facilities and the number of children involved. The following provides a framework of best practice and guidance for a Changing Policy to be developed within the club. These guidelines apply to adults, and children, sharing changing facilities. Clubs should identify, and develop, the framework that best suits their changing arrangements, taking into account the number of children involved.

Best practice principles to be adopted by clubs, wherever possible, are as follows:

- Adults must not change, or shower, at the same time using the same facility as children
- Adults should try to change at separate times to children during matches, for example when children are padding up
- If adults and children need to share a changing facility, the club must have consent from parents that their child(ren) can share a changing room with adults in the club
- If children play for adult teams, they, and their parents, must be informed of the club's policy on changing arrangements
- Mixed gender teams must have access to separate male and female changing rooms
- Mobile phones must not be used in changing rooms

If children are uncomfortable changing or showering at the club, no pressure should be placed on them to do so. Instead suggest they change and shower at home.